

# G<sub>enesisPlus</sub>

The laser treatment  
of choice to safely  
and effectively treat  
toenail fungus



GENESISPLUS  
TREATMENT

CUTERA®

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# The GenesisPlus Procedure

A safe, effective treatment for toes and feet including toenail fungus and warts.

## What is GenesisPlus?

GenesisPlus is a renowned Nd:YAG 1064nm laser that has proven to be both a safe and effective solution for the treatment of Onychomycosis, more commonly known as toenail fungus. This laser is also a safe and effective treatment for warts.

## What is Onychomycosis?

Onychomycosis is a fungal infection of the toenails or, less commonly, the fingernails. Dermatophytes are the fungi most commonly responsible for causing this condition. It is a very common condition and is estimated to infect at least 10% of the population worldwide.

You may suffer from Onychomycosis if you have one or more of the following symptoms:

- Thickened nail
- Brittle, crumbly or ragged nail
- Distorted in shape or separated
- Dull, with no luster or shine
- A dark color, caused by debris building up under nail

## Why is GenesisPlus different to other common treatment methods for Onychomycosis?

Up until recently sufferers of Onychomycosis had few options for successfully treating this embarrassing condition. Options include:

- Oral medications - side effects may include liver damage
- Topical creams and lacquers – treatment may take months or even longer with limited success

GenesisPlus is fast becoming the laser treatment of choice for both physicians and patients looking to effectively treat toenail fungus. Why?

- High success rate in only 1 – 3 treatments
- Treatment takes approximately 15 minutes
- Painless
- No side effects have been reported

## What does the treatment involve?

The treatment involves passing the laser beam over the infected nails and surrounding skin. Your physician will repeat this several times until enough energy has reached the nail bed. Your nail will feel warm during the treatment. Depending on how many toes are involved, a single treatment session will take approx 15 minutes. Treatment times will vary, so please ask your physician for more information.

## Is GenesisPlus safe? Is GenesisPlus a painful treatment?

GenesisPlus is very safe. No side effects or adverse reactions have been reported. Most patients describe the procedure as being painless with a small hot pinch at the end that resolves quickly.

## How many treatments are recommended?

The number of treatments will vary depending on how severely each digit is infected. After the initial treatment, most physicians will follow up 3-12 weeks later.

## What can I expect immediately following the procedure? When will I see results?

Immediately following the procedure your nail may feel warm for a few minutes. Over the coming weeks, your nail should begin to grow out clear of any fungus and you will begin to see new healthy nail.

Onychomycosis may slow the growth of your nail, so result time frames will vary. On average, most patients will start to see results within 8-10 weeks.

## How soon can I return to normal activities?

The majority of patients can resume normal activities immediately after their treatment. Your physician will discuss this in more detail.

## Will the fungus come back?

The infection improves following one treatment but you will need to continue with home care techniques to reduce recurrence of the infection. There is a chance of re-infection because the fungus is present everywhere in the environment.

## When can I paint my nails or have a pedicure?

You can apply polish immediately after the treatment. It is important to remove all nail polish and nail decorations the day before your treatment.

